

Policy: Cholesterol Management for the Post Heart Transplant Recipient Guidelines

Status: Active

Hospital: Emory University Hospital

Responsible Department: Heart Transplant Program

Affected Department: Heart Transplant Program

Database: Center for Transplantation

Policy Section: Patient Care

Policy Statement: The Heart Transplant Program will comply with all applicable federal, state and local laws, regulations and policies regarding the management of prescribing medications and refills.

Scope:

1. Recommended drug of choice is Pravastatin 20 mg PO every day.
2. Lipid profile will be checked at 1 mo, 3 mos., 6 mos. post transplant, then annually.
3. Increase pravastatin to 40mg daily if lft's wnl at 1 month
4. Recheck lipid profile with LFT's ~ 6 weeks after any change in lipid medication.
5. For an LDL<100, Pravachol 40 mg PO every day. Repeat blood lipid profile annually.
6. For an LDL>100, Pravachol 80 mg PO every day. Repeat blood lipid profile annually.
7. For formulary issues the following may be considered: Simvastatin 10mg PO every day, Atorvastatin 10mg PO every day, Fluvastatin 40mg PO every day, Crestor 5 mg, or Lescol XL 80 mg PO every day.
8. Please note that fluvastatin interacts with Warfarin.
9. All statins have increased risk of myopathy with higher doses.
10. With Sirolimus usage, a lipid profile needs to be checked with each lab draw.

Reviewed DG 7/6/2022